



get a natural-looking fake tan

"No, Mommy is not pretending to be a cheese cracker." If you had to say that to your toddler after self-tanning at home, follow these three easy steps, from Anna Stankiewicz, airbrush-tanning specialist at the Rita Hazan salon in New York City:

1 slough Use a non-oil-based scrub or a loofah to get rid of dead skin cells, which absorb extra tanner (focus on knees and elbows). Try: St. Ives In-Shower Exfoliating Body Polish, \$6.99.

2 go feet first If you apply tanner to your torso, then bend to do your lower body, you'll end up with weird pleats. Use a quarter-size blob for each leg, and a thinner layer at your ankles.

3 rub in well to avoid streaks. Wait a few minutes; do upper body. Wash hands ASAP with soap. Try: L'Oréal Paris Sublime Bronze Luminous Bronzer Self-Tanning Lotion, \$9.99.

found!

quick tooth whitening

If you never find the time to use your little whitening strips, keep a couple of Luster Whitening On-the-Go ampoules (\$19.99; Walgreens) in your bag and dab 'em on during your next pee break.

Used twice a day for a week on the teeth you want brightened, this gel whitens up to four shades without sensitivity.

LUSTER™

win it!
Enter for a chance to win one of 75 bottles of Pureology EssentialRepair ColourMax Antifade hair spray, worth \$22 each. Visit Parenting.com/giveaways. For more info, see page 103.

your toys beauty

lighten up!

Being stuck in an elevator with a guy on a deodorant boycott brings home the fact that odors are stronger on hot, humid days. That goes for normally pleasant scents as well. So try something lighter and breezier, like one of these new summer fragrances—they're like a day at the beach.

- 1. Chic in White.** A sparkling, sophisticated mix of florals and sweet woods. (\$22.50 for 1.7 ounces; avon.com)
- 2. Calvin Klein ETERNITY Summer.** Spicy, with a touch of green. (\$54 for 3.4 ounces)
- 3. DKNY Be Delicious Fresh Blossom.** Feminine, floral, and fruity. (\$55 for 1.7 ounces)
- 4. Shiseido Zen Eau de Parfum Limited Edition.** Fruity and inviting. (\$65 for 1.7 ounces)

